

Aboriginal Sobriety Group Incorporated Annual Report 2009/10





Aboriginal Sobriety Group Inc. Annual Report 2009/10

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From the Chairperson



Polly Sumner Chairperson

As Chairperson of the Aboriginal Sobriety Group Inc. (ASG), I am pleased to present the Annual Report for the 2009/10 financial year.

This year, we experienced increasing support from federal and state governments to Close the Gap in Aboriginal disadvantage. This support is filtering out through other non-profit organisations and companies which are demonstrating an improved understanding of Aboriginal people and providing opportunities for education, training and employment. In turn, we are also feeling more accepted within the wider community and this can only improve as governments remain focused on Closing the Gap.

One of the key milestones this year was completion of the ASG Riverland property at 3 Wilson Street, Berri, which now has six staff and a growing clientele.

Unfortunately, The Shed Program closed in early 2010 due to financial stress. The Shed provided mechanics, woodwork and horticulture programs to aid clients' employment opportunities. As there were several successful graduates from the program, senior management have been liaising with the Department of Education, Employment and Workplace Relations regarding financial support to reopen the program in 2010/11. ASG also applied for council approval to build a new shed on the property owned by ASG and Nunkuwarrin Yunti on Grand Junction Road, as this will alleviate any financial stress caused by leasing.

I am pleased to report that ASG provided 15,619 episodes of care this year and assisted 5,477 individuals. Our programs, which are designed to avert Aboriginal people from substance misuse and deaths in custody, are infiltrating deeper into the community. Such is the success of ASG's programs, people are being referred from Queensland, Victoria and New South Wales to our long-term rehabilitation program, Lakalinjeri Tumbetin Waal (LTW).

Other highlights this year included:

- Improved operating hours for the Mobile Assistance Patrol (MAP) resulting in a further reduction in the response time for the South Australian Police (SAPOL).
- Introduction of a Maternal Health Program to support young mothers and Men's Camps for new and expecting fathers.
- Annie Koolmatrie House (AKH) being full to capacity at times throughout the year, demonstrating clients' support for this program.
- Improved program delivery at LTW to provide more structured and planned activities.
- Sober Walk 2010 which attracted an even greater attendance than the inaugural event in 2009.
- Increase in service provision by the Health & Fitness Centre from 448 to 751, almost double.
- Presentation by the Cultural Advisor to African Americans, Native Americans and the Spanish speaking community in Cincinnati, New York and Los Angeles about youth, drugs, alcohol, violence and street gangs.
- Appointment of a Clinical Supervisor and establishment of a working relationship with the Murray Mallee Mental Health Team to improve services to mental health clients.
- Staff participating in 17 comorbidity related training courses, workshops, conferences and programs.
- The Drug Action Week football match held in the Riverland between community members and service providers attracted an even larger attendance this last year and provided an excellent opportunity to promote sobriety.

It has been a challenging year with uncertainty created by another federal election, however, I would like to congratulate ASG's Chief Executive Officer and staff who consistently strive against the odds to deliver outstanding programs for the Aboriginal community.

I would also like to thank our Board members who support ASG and advocate for improved funding and resources.



ASG could not operate effectively without funding and we take this opportunity to express our appreciation for the continued support received from the Office for Aboriginal and Torres Strait Islander Health (Health and Ageing), Department for Families and Communities, SA Health, Office for Recreation and Sport SA, Adelaide City Council and the Department of Human Services.

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Polly Sumner Chairperson

THE YEAR IN REVIEW



Basil Sumner Chief Executive Officer

What started out to be a promising year for Aboriginal people and the Aboriginal Sobriety Group (ASG), ended on a down-hill slide as the federal government prepared for yet another election and funding for some programs was put on hold. Aboriginal health was again an item for discussion rather than the focus of delivery.

Even so, throughout the 2009/10 financial year, ASG continued to provide an outstanding service to members of the community with substance misuse issues.

As Chief Executive Officer, I congratulate the Board and staff for continuing their efforts at times when uncertainty prevailed and am pleased to present their achievements in this Annual Report.

The Apology by the previous Prime Minister, Kevin Rudd, commenced the healing process within our community and paved the way for the range of programs and services we have been requesting for years to Close the Gap in Aboriginal disparity.

A very important part of the government's response was the appointment of a dedicated Indigenous Health Minister, the Hon. Warren Snowdon MP.

Minister Snowdon ensured that Aboriginal health remained a high priority for the government and made significant progress in advancing Closing the Gap initiatives. Then just as the programs started to roll out, the new Prime Minister, Julia Gillard, decides that the Indigenous Health Portfolio was no longer required.

I would like to remind all governments that Closing the Gap is a bipartisan national agreement through the Council of Australian Governments (COAG) established in 2008 and is, therefore, the responsibility of whichever government is in power. To ensure that the targets are achieved, it is imperative that the Indigenous Health Portfolio remains a separate and focused area without being swallowed up in some other portfolio's agenda.

Thankfully, the decision to disband the Indigenous Health Portfolio was quickly overturned when an instantaneous outcry came from key organisations and individuals within the health sector including Australians for Native Title and Reconciliation, Aboriginal Social Justice Commissioner Mick Gooda, and the Rural Doctors Association of Australia which demanded an urgent meeting with Prime Minister Gillard. Now we can get on with the business of Closing the Gap!

We look forward to renewed leadership from the Gillard government in meeting the commitment to Close the Gap by 2030 through delivery of:

- A comprehensive, evidence-based, long-term plan of action that can achieve Indigenous health equality by 2030;
- Full participation of Aboriginal and Torres Strait Islander peoples and representative bodies in all aspects of addressing health needs; and
- Support for Aboriginal and Torres Strait Islander community controlled health services in urban, rural and remote areas.

ASG's highly successful The Shed program has been closed since the beginning of 2010 due to difficulties in paying the lease on the current property and a need for additional funds to cater for increased demand.

This program has assisted Aboriginal people to become work ready through the provision of mechanics, woodwork and horticulture education, and meets the government's objective to Close the Gap in employment.

To this end, I am pleased to advise that ASG's senior management has been working closely with the Department of Education, Employment and Workplace Relations (DEEWR) on funding opportunities and we also applied for council approval to build a new shed on the property owned by ASG and Nunkuwarrin Yunti on Grand Junction Road. These actions will ensure that The Shed can reopen without suffering financial stress.



Deaths in custody continues to be a major cause for concern with the West Australian Government taking too long to implement key recommendations arising from the death of an Aboriginal Elder from heatstroke after being transported in the back of a prison van in 2008.

The laws are needed to prevent more deaths in custody and yet two years later have not been introduced even after the final report of the Royal Commission into Aboriginal Deaths in Custody some 19 years ago.

The Royal Commission's report contained 339 recommendations centred around procedures for people in custody, liaison with Aboriginal groups, police education and accessibility to information.

Unless the government takes action on these recommendations, deaths in custody will continue to be an issue and a shameful reflection of years of neglect which is in marked contrast to the government's promises on Closing the Gap.

Similarly, the Northern Territory Government's continuing neglect of Aboriginal people recently resulted in 100 people relocating to South Australia.

The SA Government had no warning of the exodus and urgently sought accommodation from agencies including ASG and Nunkuwarrin Yunti.

However, I would like to point out that ASG and Nunkuwarrin Yunti are not welfare agencies, as reported by the ABC on 22 September, but instead organisations which provide medical, health and substance misuse services. It is important, therefore, that we honour our funding agreements of which housing people fleeing from another state is not a responsibility.

ASG's succession plan is working well with the appointment of Aboriginal people in senior management positions:

- Donna Ngulbiltjik Robb, is in her second year as Deputy Chief Executive Officer and continues to move ASG forward whilst providing excellent leadership to staff.
- Cherylee Cooper is now the Program Director and is providing further strength to the senior management team and support to staff.



Donna Ngulbiltjik Robb Deputy Chief Executive Officer

In closing, I wish to thank ASG's funding organisations including the Office for Aboriginal and Torres Strait Islander Health (Health and Ageing), Department for Families and Communities, SA Health, Office for Recreation and Sport SA, Adelaide City Council and the Department of Human Services.

Basil Sumner Chief Executive Officer

STATISTICAL OVERVIEW

During 2009/10, ASG saw 5,477 individuals and provided 15,619 episodes of care. The following graph shows the number of individuals seen and episodes of care by site.



Individuals Seen and Episodes of Care by Site 2009/10

Team/Location	Individuals	Episodes
AKH/CLH	449	2,229
Riverland	231	1,584
MAP A	1,256	4,500
MAP B	1,740	4,462
MAP C	1,056	1,440
MAP D	733	1,079
LTW	12	325
Totals:	5,477	15,619

SUBSTANCE MISUSE RECOVERY PATHWAY



ORGANISATIONAL PERFORMANCE



Cherylee Cooper Program Director

The Aboriginal Sobriety Group (ASG) has again been instrumental in providing culturally appropriate alcohol and drug rehabilitation programs which have delivered outstanding results for clients, many of whom are now contributing to the community in a positive nature.

One of the key milestones this year was completion of the ASG Riverland property at 3 Wilson Street, Berri, which now has seven staff and a growing clientele. The grand opening is yet to be held but plans are in place to hold it towards the end of 2010 or early in 2011.

Unfortunately, funding for The Shed Program ceased in early 2010. The Shed provided mechanics, woodwork and horticulture programs to aid clients' future employment. There were several successful graduates from The Shed, therefore, senior management have been liaising with key stakeholders to secure funding for the program to continue for at least 2 days per week and preferably 5 days a week.

SUBSTANCE MISUSE PROGRAMS

MOBILE ASSISTANCE PATROL

Earlier in the year, the Mobile Assistance Patrol (MAP) changed operating hours to further decrease the response time for the South Australian Police (SAPOL), public hospitals, detox centres and other government and non-government agencies.

MAP now operate from Friday 8.00am through to Sunday midnight, and a second patrol operates from 8.00pm to 4.00am on Friday and Saturday nights. These hours have proven effective in reducing the response time for SAPOL calls to less than 39 minutes.

The MAP Program Manager has continued to network with SAPOL and other agencies that utilise the service and attends meetings on a monthly basis to identify and address issues of concern.

SUBSTANCE MISUSE TEAM

The Substance Misuse Team (SMT) has continued to progress in providing accurate client assessment and case management for people who want to access ASG's rehabilitation programs.

The team comprises the Aboriginal Primary Health Care Access Program (APHCAP) metropolitan and northern team as well as the Drug Court Worker who are managed to provide consistency with assessments, referrals and program provisions whilst maintaining their separate roles and responsibilities.

The SMT now completes an average of 75 assessments per month including inmates wishing to join the program upon release.

A Maternal Health Program has also been introduced to provide support to young mothers. The program aims to improve the health and wellbeing of all mothers and their newborn babies, strengthen the family unit and help bring back cultural practices as well as prevent and promote early intervention of lifestyle illness and disease before, during and after pregnancy. Alcohol and drug-free lifestyles as well as healthy lifestyle choices are a focus of the program.

STABILISATION

Annie Koolmatrie House (AKH) was fully operational this year and in high demand. The shelter provides some hope for women who experience domestic violence, homelessness and other issues. At times this year, AKH was full to capacity, demonstrating that ASG's support is positively seen by clients.

Cyril Lindsay House (CLH) has been operating with emphasis on planned scheduled weekly activities, which include Men's Groups held in conjunction with Lakalinjeri Tumbetin Waal (LTW) and the Lower Murray Nungas Club. Clients participate in activities to aid their recovery pathway and, before The Shed's closure, thoroughly enjoyed this activity as well as Moral Reconation Therapy as part of their healing.

Rehabilitation

Lakalinjeri Tumbetin Waal (LTW) continues to offer long term rehabilitation. This year, changes were made to program delivery to provide more structured and planned activities including visits to The Shed once per week, cultural discovery trips, camps, and other workshops and information sessions offered by external agencies such as the Lower Murray Nungas Club. There is also a



complete gymnasium for clients at the farm to develop physical fitness as well as the gardening program and egg farming.

A number of clients returned to LTW this year to undertake the program again as they believed it would further aid their recovery pathway.

RIVERLAND

ASG Riverland has been operating from the new purpose-built facility in Berri and clients are attending from all surrounding areas. A new Manager has been appointed and is making changes to establish a more positive, supportive and friendly atmosphere to encourage more clients to attend.

Drug Action Week and NAIDOC events were organised and run in conjunction with the Riverland Reference Group (RRG). This year, another football game was held between the service providers and the community, which again attracted a large community attendance.

The RRG, comprising representatives from major service providers, Riverland Council and SAPOL, provided the region with direction. The group meets regularly to focus on integrated service provision, and has also been of great support to the welfare of clients in the community.

Improved Services Program

The Improved Services Program is funded by the Department of Health and Ageing to increase the capacity of ASG in providing clients with improved alcohol and drug treatment services by recognising and responding to co-occurring mental health issues (also known as comorbidity or dual diagnosis).

The program is developing enhanced policies and procedures, establishing and strengthening relationships with the broader health sector and providing staff training relating to issues of comorbidity. In 2009/2010, comorbidity related training was provided for:

- Complex Post-Traumatic Stress Disorder and substance use
- Comorbidity Training Tier 1 and Tier 2 levels
- Australian Drugs Conference
- Dealing with aggressive and potentially violent behaviour
- SMART recovery program
- Cannabis check-up

- Quitting Cannabis
- Square (Suicide, Questions, Answers, and Resources)
- Cultural Awareness Palliative Care Workshop
- Moral Reconation Therapy
- ASCEND Suicide Intervention Program workshop
- Frontline worker workshop
- Healthy for Life Conference
- Managing aggressive behaviour
- National Indigenous Drug and Alcohol
 Conference
- Mental Health First Aid (Aboriginal and Torres Strait Islander)
- Mental Health for Workers in Aboriginal and Torres Strait Islander Communities

An important aspect of this program involves capacity building activities including the provision of professional support and guidance for staff to enhance their ability in helping clients with comorbid issues. External supervisors are providing clinical supervision services for program managers and staff members who have counselling and client care responsibilities. Encouraging staff to engage in reflective practice helps build a climate of continuous learning and development, improved communication, increased confidence and a more professional and consistent standard of service. The clinical supervision relationship provides support and development to help improve the knowledge, accountability and professional service capability of ASG staff.

In the next year, ASG is pursuing quality accreditation under the Quality Improvement Council (QIC) Health and Community Services Standards. To assist in achieving this aim, 10 staff have been registered for Certificate IV in Aboriginal and Torres Strait Islander Primary Health (Community Care) Alcohol and Other Drugs. This nationally accredited qualification has been specifically designed by the SA Regional Centre at Nunkuwarrin Yunti to meet the needs of ASG workers and includes units for mental health, alcohol and other drugs, and supporting the social and emotional needs of clients from Aboriginal and Torres Strait Islander communities.

ORGANISATIONAL PERFORMANCE



Susana Gonzalez, Executive Assistant; Michael Barron, IT; and Brent Carraill, Finance Officer Administration Team

Administration

The Administration team has a new Executive Assistant, Receptionist, and QIC Coordinator, who are working well with existing team members including the Finance, IT and Quality Improvement Officers.

All staff attend steering committees to assist with networking in the community.

This year, ASG continued to meet regularly with key agencies on issues of homelessness, dry zone, social and emotional wellbeing, substance misuse, policing, and legal issues. We remain involved in several committees and groups including:

- Illicit Drug Diversion Initiative Reference
 Group
- Aboriginal Prisoners and Offenders Support Service (APOSS) Board of Management
- Prevention of Aboriginal Deaths in Custody
- Dry Zone Steering Committee
- Magistrates Court Diversion Program service
 providers meeting
- Aboriginal Police Liaison Committee
- Nunkuwarrin Yunti's Course Advisory Group
- Aboriginal Health Council of SA Inc. (AHCSA)



Pat Ingram and Chris Riley QIC Team

- Riverland Reference Group (RRG)
- National Aboriginal Community Controlled Health Organisation (NACCHO)
- Nunga Court Operations Group



Aboriginal Sobriety Group River Festival 2010



The Aboriginal Sobriety Group Cultural Program provides an important connection for clients between the land and substance-free lifestyles.

Amongst other cultural activities undertaken this year, the Aboriginal Sobriety Group conducted the River Festival and Canoe Floating, pictured here.

The cultural advisor cut a bark canoe out of a Red Gum tree at Kalangado in the south-east and floated it at Lake Leake and the River Torrens.







SUBSTANCE MISUSE PROGRAMS

CRISIS INTERVENTION

MOBILE ASSISTANCE PATROL

The Mobile Assistance Patrol (MAP) delivers prompt crisis intervention services to reduce incarceration and deaths in custody by collaborating with SAPOL and other agencies. Transport is provided to Aboriginal people and the wider community who are in a crisis situation and need assistance.



MAP Patrol Team

Service Delivery

This year, MAP delivered 11,527 instances of transport compared with 10,334 in the previous year. Of the total number, 431 were children, which is a slight decrease on the previous year's number of 444.

The overall increase (1,193) in transport can be attributed to increased productivity by MAP staff. MAP provided assistance to SAPOL with clients who were to be gaoled and also worked closely with around 50 agencies in addition to working with every hospital in and around the city.

The MAP team also worked closely with ASG's hostels and other programs to assist clients with transport and other needs.

MAP operates two shifts Monday to Friday with A Shift from 8.00am to 4.00pm and B Shift from 4.00pm to 12 midnight. On the weekend, MAP operates 24 hours with A, B, and C Shifts and a second van operates the D Shift from 8.00pm to 4.00am. These hours have increased the speed of response to calls from SAPOL and other government departments, the average response time being less than 40 minutes.

Education & Networking

MAP participated in various Aboriginal community events this year to promote sobriety and abstinence from drugs and alcohol including NAIDOC week and the ASG Drug Action Week event, Sober Walk 2010. The team further developed working relationships with SAPOL, hospitals, Drug and Alcohol Services South Australia (DASSA) and other agencies as well as clients and the public.

Assessment, Referral & Counselling

SUBSTANCE MISUSE TEAM

The Substance Misuse Team (SMT) provides quality assessments, referrals, counselling, and program development. Team members also participated in training and development, and received clinical supervision to become a more professional and beneficial service for the community.



Substance Misuse Team

Service Delivery

The SMT has had a great impact with the community and numerous agencies, with consistent referrals being received not just from South Australia but also connecting states including Victoria and New South Wales. A total of 5,390 episodes of care were provided by the team this year with 1,286 being provided by the Drug Court Worker.

These results have been made possible through the continual adjustment and improvement of stabilisation and rehabilitation programs. The programs are designed to be cultural and family orientated, consisting of physical, mental, and health principles.

Sober living whilst maintaining family connection is difficult in today's society with all individuals having surrounding issues which the SMT try to overcome through counselling. Health and fitness is a major factor of stabilisation and rehabilitation and is, therefore, integrated into programs as much as possible.

The SMT maintains an effective partnership with DASSA and together have developed a highly effective pathway into programs with constant support during and after exit.



Throughout the years, there have been many group activities such as cultural camps which reconnect clients to the land and bush foods, dancing, fishing, and awareness of cultural background which builds clients' confidence and respect.

Education & Networking

The SMT were involved in various events including the Sober Walk 2010 which drew a larger crowd than last year.

With Healthy 4 Life funding, the SMT also piloted a program and developed workshops for women aimed at increasing support for new and expecting mothers. In addition, the SMT developed Men's Camps for new and expecting fathers and supported this with Talking Circles about what was learnt on the camps so that the learnings could be brought back to the family environment.

The SMT also supported and attended Drug Action Week events with one of the highlights being the football match in Berri which was organised by the team. Other events attended included the NAIDOC March and a community BBQ at The Shed.

STABILISATION

Annie Koolmatrie & Cyril Lindsay Houses

Annie Koolmatrie House (AKH) provides a safe place for women and children with domestic violence, homelessness and drug and alcohol issues, whilst Cyril Lindsay House (CLH) operates as a homelessness, drug and alcohol stabilisation hostel for Aboriginal men.





Service Delivery

A total of 53 women and children stayed at AKH this year. Residents participated in fitness and

other recreational outings whilst receiving counselling and case management.

The eight-week stabilisation program at CLH housed 49 men during the year. Residents participated in a fitness program comprising three gym sessions and one swimming session per week as well as a weekly day out to national parks and half day fishing trips, whilst receiving counselling and case management.

AKH and CLH residents also participated in ASG community events including the Drug Action Week Sober Walk 2010.

The Shed

The Shed Program has been integral to the rehabilitation and stabilisation of clients through education and training in hands-on skills, enabling them to have life goals in place.

Due to insufficient funding, the program had to be put on hold this year, but will be relocated to new premises at Kilburn which will be developed and finished by December 2010.

Service Delivery

The Shed Program has been operating two days a week, and demand for its services is growing at an exceedingly fast rate, with many agencies requesting its use.

Clients of all age groups and genders attended this year from Lakalinjeri Tumbetin Waal, Annie Koolmatrie House, Drug Court, Cyril Lindsay House, Freemont Elizabeth High School, Gawler High School, Kapunda High School, Cavan Youth Detention Centre, and Magill Training Centre.

The program is divided into three sections: mechanics, horticulture and woodwork which are all supervised by qualified personnel who have developed procedures to educate clients with life skills and employment responsibilities.

A continuous focus is placed on drug and alcohol rehabilitation and helping clients to develop working skills in a social environment.

The Shed Program is still working towards becoming an officially recognised accredited program, although the horticulture program, in partnership with Para Work Links, was able to deliver an accredited and certified course this year which enabled clients to receive Cert. 1 in horticulture. The horticulture program supplied the Salisbury Council with plants.

SUBSTANCE MISUSE PROGRAMS

Education & Networking

The Shed has become well recognised amongst various agencies and has strong relationships and partnerships with Para Work Links, Salisbury Council, Drug Court, DASSA, Correctional Services, and Families SA Community Youth Justice Program.

Health & Fitness Centre

The Health and Fitness Centre (H&FC) is a valuable component of the rehabilitation pathway, providing scheduled group fitness sessions and tailored individual fitness programs for clients.

Service Delivery

A total of 751 instances of service were provided by the H&FC this year, an increase of 303.

Students from the Cowandilla School regularly attended the H&FC as it had a positive impact on their confidence and discipline. Other schools including Warriapendi have also expressed interest in their students undertaking the fitness program.

CLH clients attended the H&FC three times a week and clients from other programs such as the Drug Court attended regularly.

A large number of the public also used the H&FC and the ASG Boxing Club provided a positive outlet for young people who are looking for an opportunity in this sport.

Education & Networking

The H&FC maintains working relationships with Boxing SA, TAFE, the Australian Institute of Fitness, local social and welfare groups, schools, ASG programs, prisons and external agencies.

Cultural

The Cultural Program provides the important connection for clients between the land and substance-free lifestyles.

Service Delivery

This year, the Cultural Advisor travelled interstate and overseas to represent ASG and promote an alcohol and drug free lifestyle and also implemented a number of cultural activities including:

- Presented to African Americans, Native Americans and the Spanish speaking community in Cincinnati, New York and Los Angeles about youth, drugs, alcohol, violence and street gangs.
- Conducted Smoking Ceremonies for communities around the state.



Colin Weetra and Colin Betty Health & Fitness Centre

- Developed a Cultural Garden at Millicent High School.
- Conducted Talking Circles in Community Centres and Prisons.
- Organised a River Festival from the Darling River to the Murray and the Lower Lakes.
- Cut a bark canoe out of a Red Gum tree at Kalangado in the south-east and floated it at Lake Leake and the River Torrens.
- Worked with youth in country towns, helping them to look closer at their culture and creation stories.
- Made contact with other Men's Groups in other states.
- Talked about cultural awareness to the wider community.
- Taught Aboriginal culture to various groups.

Education & Networking

Owing to the success of the first Sober Walk in 2009, another was held in 2010 with even greater attendance and success in promoting substance-free lifestyles.

In order to provide the community with access to further cultural education, the River Festival and Canoe Floating will be available on DVD in the near future.



REHABILITATION

Lakalinjeri Tumbetin Waal

The Healing Program at Lakalinjeri Tumbetin Waal (LTW) has now been in operation for eight years. In 2009/10, 36 people undertook the threemonth program, and of these, five graduated and took place in their respective communities whilst three returned to do a second term.

Service Delivery

Residents came from Queensland, New South Wales, Northern Territory, and South Australia. Clients were referred from Coomealla Health Aboriginal Corporation in Dareton, NSW, and Broken Hill Community Corrections as well as self-referrals.

Some of the programs that residents participated in were:

- Aboriginal State Men's Camp at Gemini Downs Salt Creek for one week.
- Gym program.
- Hepatitis C Council education.
- Do It for Life Program which was run weekly at the Lower Murray Nungas Club and occasionally at LTW. In this program, residents are shown how to make better choices regarding eating and drinking, and are given help to give up smoking.
- Anger management, family violence, and grief/loss education.

- Numeracy, literacy and basic computer skills training at Murray Bridge.
- Smoking ceremony/prayer and Talking Circles.
- NAIDOC Week activities, the Sober Walk 2010 and Drug Action Week.

The vegetable garden at LTW has been a successful program with staff and residents maintaining the garden. Residents also collect seeds from around the property to propagate and replant.

The SMT continues to support residents and a new Clinical Supervisor is now working with staff to assist with residents. In addition, LTW is working closer with the Murray Mallee Mental Health Team to improve services to mental health patients.

LTW is planning additional cultural activities for next year including trips to Camp Coorong to learn more about bush medicines and bush tucker, as well as activities at CLH.

Education & Networking

The LTW Program Manager and staff continued with training and education and opened up further networks with various Aboriginal agencies in and around South Australia. Some of the organisations LTW liaised with include the Murray Bridge Council, Umoona Health, Port Augusta Corrections, Mildura Aboriginal Corporation, Whyalla Corrections, Coober Pedy Health Service, DASSA and SA Link-Up.



LTW Team

OUTREACH SERVICES



Riverland ASG Team

Northern & Western Metropolitan

The Northern & Western Metropolitan Substance Misuse Team continued to operate from the Brady Street Clinic at Elizabeth Downs. The service covers the northern and western metropolitan areas and is funded by the Aboriginal Primary Health Care Access Program (APHCAP) which provides two Caseworker/Counsellors.

Service Delivery

The program includes individual counselling, support, advocacy, mediation, case management, alcohol and other drug education and awareness. This year the service saw 198 individuals and delivered 638 episodes of care.

Education & Networking

The team maintains strong working relationships with Nunkuwarrin Yunti, DASSA, Marni Waendi, Families SA, Elizabeth Community Corrections, SAPOL, Gawler Health Service, Northern Domestic Violence Service, Playford City Council, Relationship Australia, Northern Metropolitan Mental Health Service, Aboriginal Legal Rights Movement Inc., Port Adelaide Community Corrections, Muna Paiendi Community Health Centre and Crisis Care.

Connections were built and maintained to assist clients access external services and deliver joint projects. This year, the Brady Street Team was involved in developing the Maternal and Child Health Care Program.

Staff members also undertook training and development throughout the year to ensure

a high quality of service and received clinical supervision at regular intervals.

Riverland

The Riverland ASG branch has operated consistently and effectively this year from its purpose-built property at 3 Wilson Street, Berri.

Service Delivery

The MAP Program continued to be in high demand for the Riverland and surrounding communities. MAP evaluated the service and as a result changed operating times on Friday and Saturday nights to 8.00pm-4.00am to assist with increased client demand in the early hours of the morning.

The Bringing Them Home (BTH) counselling team provided one-to-one relationship (couples) counselling and group intervention to assist with drugs and alcohol, grief and loss, child reunification, and outreach services.

The Women's Group operated well with the support of Aboriginal Family Support Services and ASG's BTH Counsellor assisting to co-facilitate the group every Tuesday. Participants in the group prepared food for the Drug Action Event and a banner for the NAIDOC March.

Education & Networking

During Drug Action Week, ASG organised a football match between community members and service providers with lunch that was provided to approximately 80 people who attended.



Riverland ASG also participated in the NAIDOC March and flag-raising ceremony. The banner produced by the Women's Group was a feature of ASG's participation in the march. Approximately 150-200 community people and service providers participated in the March and opening ceremony.

A special achievement during NAIDOC Week was the nomination of Riverland ASG's Receptionist, Brodie Egan, for an under 25 year-old award at the opening of NAIDOC for Youth Services.

ASG also hosted a Fishing Competition at the Loxton Recreation Park on the river. A BBQ lunch was provided and it was pleasing to see youth and parents 'trying to catch the big one'. A \$100 prize was awarded to the person who caught the biggest fish.





Photos from the NAIDOC Week celebrations and the Fishing Competition (below right)









Aboriginal Sobriety Group Inc. Financial Report 2009/2010

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Aboriginal Sobriety Group of SA Inc. Income Statement For the Year Ended 30 June 2010

	Note	2010	2009
Recurrent Income			
Operational Grants	110012	2 400 125	2 011 520
Interest Received		3,499,125	3,011,529
Rent Received		5,431 58,744	22,410 46,884
Sundry Income		54,503	36,420
		ע~עידע	50,4-0
Total Recurrent Income	111 / 2	3,617,804	3,117,243
Recurrent Expenditure		-11	SPHA
Administration & Data Processing Charges		35,645	53,390
Advertising, Sponsorship & Promotions		16,798	28,877
Audit & Accounting Fees		24,750	22,050
Bad Debts written off			4,150
Bank & Centrepay Fees		756	115
Cleaning & Rubbish Removal		20,059	15,447
Client Participation Groups		- I	15,060
Clinical Supervision Expenses		13,358	4,068
Computer Costs		48,786	51,012
Consultancy Fees		42,498	24,003
Donations		6 <mark>78</mark>	473
EAP Expenses		165	-
Electricity & Gas		28,238	24,443
Food & Catering		25,170	27,680
Fringe Benefits Tax		22,759	<mark>25,479</mark>
Gymnasium Expenses		18,200	12,652
Insurance		63,954	54,564
Legal Costs		3,154	455
Minor Equipment & Consumables		32,250	38,700
Motor Vehicle Expenses		226,598	215,857
Nursery Fitout		3,796	
Office Expenses & Supplies		1,102	8,454
Postage & Courier		1,990	271
Printing, Stationery & Office Requisites		37,065	30,852
Program Expenses :			
- Camp for Expectant Fathers		10,540	
- Client Programs		15,812	
- Drug Action Week			10,419
- Health Promotions		47,695	B. A.
- Male Health Consultant		21,000	
- NAIDOC BBQ		674	
- NHT Dapung Talkinjeri 08/09		NUD - 1	4,700

Aboriginal Sobriety Group of SA Inc. Income Statement For the Year Ended 30 June 2010

	Note 201	0 2009
Recurrent Expenditure (cont'd)		
Program Expenses (contd) :		
- Service Development	30,04	o -
- Talking Circles	3-7-1	- 10,000
- The Shed	90	
- Western APHCAP	40,00	
Provisions for:		
- Annual Leave	29,43	9 38,680
- Computer & IT Replacement	(10,000	
- Long Service Leave	5,90	
- Vehicle Replacement	(72,802	
Rates & Taxes	39,49	
Rent	81,1	
Repairs & Maintenance	44,82	
Salaries & Wages	2,130,53	
Security	2,55	
Staff Expenses	4,10	
Subscriptions & Licence Fees	1,42	
Superannuation Contributions	238,58	
Telephone	93,68	
Training	41,16	
Travel Allowances & Fares	12,86	
Uniforms		1,381
Workcover	92,94	
Workshop & Training Equipment	6,64	
Total Recurrent Expenditure	3,576,91	2 3,301,339
Operating Recurrent Surplus (Deficit)		
Before Unfunded Charges	40,89	2 (184,096)
Less Unfunded Charges		
Depreciation & Amortisation	120,82	86,575
(Profit) Loss on Sale of Non Current Assets	(5,550	
Operating Surplus (Deficit)	(74,379) (270,671)
Add Non Recurrent Income		
Capital Grants Received	78,92	994,631
Net Surplus (Deficit)	\$4,54	3 \$723,960

Aboriginal Sobriety Group of SA Inc. Statement of Changes in Equity For the Year Ended 30 June 2010

	Note	Retained Earnings
Opening Balance, 1 July 2008	WALLAN V	833,428
Net Surplus (Deficit) attributable to members		723,960
Closing Balance, 30 June 2009		1,557,388
Net Surplus (Deficit) attributable to members		4 <mark>,</mark> 543
Closing Balance, 30 June 2010	123112.012	\$1,561,931

Aboriginal Sobriety Group of SA Inc. Assets and Liabilities Statement As at 30 June 2010

	Note	2010	2009
Current Assets			
Cash at Bank	7	459,674	1,133,261
Cash on Hand		289	-
Sundry Debtors & Prepayments		313,011	24 <mark>2</mark> ,082
		772,974	1,375,343
Non Current Assets			
Property, Plant & Equipment at cost	2	2,305,758	2,199,223
Less Accumulated Depreciation		681,083	597,287
		1,624,675	1,601,936
Total Assets		2,397,649	2,977,279
Current Liabilities			IT
Creditors & Accrued Expenses	3	205,197	395,266
Unexpended Grants	6	252,066	598,711
Employee Provisions	4	339,413	304,070
Other Provisions	5	39,042	121,844
Total Liabilities		835,718	1,419,891
Net Assets		\$1,561,931	\$1,557,388
Members Funds			
Retained Earnings		1,561,931	1,557,388
Total Members Funds		\$1,561,931	\$1,557,388
Contingent Liability	8		

Aboriginal Sobriety Group of SA Inc. Statement of Cash Flows For the Year Ended 30 June 2010

	Note	2010	2009
Cash Flows from Operating Activities			
Cash Receipts		3,549,552	3,900,636
Payments to Suppliers and Employees		(4,090,271)	(2,921,318)
Interest Received		5,431	22,410
Net Cash provided by (used in) Operating Activities	78	(535,288)	1,001,728
Cash Flows from Investing Activities	12	2/	A MIA
Payments for Property, Plant & Equipment		(214,373)	(994,631)
Proceeds from Disposal of Property Plant & Equipment		76,363	
Net Cash provided by (used in) Investing Activities		(138,010)	(994,631)
Cash Flows from Financing Activities	\cap		
Net Cash provided by (used in) Financing Activities		-	-
Net Increase in Cash Held		(673,298)	7,097
Cash at the Beginning of the Financial Year		1,133,261	1,126,164
Cash at the End of the Financial Year	7	459,963	1,133,261

ABORIGINAL SOBRIETY GROUP OF SA INC. Notes to the Financial Statements For the Year Ended 30 June 2010

Note 1: Statement of Significant Accounting Policies

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act 1985. The Committee of Management has determined that the Association is not a reporting entity.

The financial report has been prepared on an accruals basis and is based on historic cost and does not take into account changing money values or, except where specifically stated, current valuation of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this report.

(a) Income Tax

Under Section 50.5 of the Income Tax Assessment Act 1997 the income of the Association is exempt from income tax.

(b) Property, Plant & Equipment

Freehold Land & Buildings are brought to account at cost or at independent valuation. As it is difficult to separate the value of buildings from the freehold land the committee does not consider it necessary or material to depreciate

The depreciable amount of all other Property, Plant and equipment is depreciated over the useful lives of the assets to the association commencing from the time the asset is held ready for use.

Profit and losses on disposal of property, plant & equipment are taken into account in determining the surplus for the year.

(c) Employee Benefits

Provision is made in respect of the Association's liability for annual leave at balance date. Long service leave is accrued in respect of employees with more than seven years employment with the Association.

Contributions are made by the Association to an employee superannuation fund and are charged as expenses when incurred. The Association has no legal obligation to provide benefits to employees on retirement.

(d) Goods & Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense.

(e) Going Concern

The accounts of Aboriginal Sobriety Group of SA Inc. have been prepared on the basis that it is a going concern and that the Association will continue to operate.

The Association's future as a going concern is dependant upon grants and subject to compliance with the conditions attached to grants received. On this basis Aboriginal Sobriety Group of SA Inc. will generate sufficient cash flow to be able to pay its debts as and when they fall due.

Aboriginal Sobriety Group of SA Inc. Notes to the Financial Statements For the Year Ended 30 June 2010

		2010	2009
Note 2:	Property, Plant & Equipment		
(a)	Freehold Land & Buildings (at cost)		
	3 Wilson Street, Berri	1,244,342	1, <mark>19</mark> 5,342
	Less Accumulated Depreciation	24,986	96-
		1,219,356	1,195,342
(b)	Leasehold Improvements		
	At Cost	171,902	171,902
	Less Accumulated Amortisation	30,877	25,877
		141,025	146, <mark>025</mark>
(c)	Plant and Equipment		
	At Cost	528,160	518,071
	Less Accumulated Depreciation	467,528	433,545
		60,632	84,526
(d)	Motor Vehicles		
	At Cost / Valuation	361,354	313,908
	Less Accumulated Depreciation	157,691	137,865
		203,663	176,043
	Total Property Plant & Equipment	\$1,624,675	\$1,601,936
Note 3:	Creditors & Accrued Expenses		
	Sundry Creditors	174,624	371,530
	Accrued Expenses	30,573	23,736
	7	\$205,197	\$395,266
Note 4:	Employee Provisions		
	Provision for Annual Leave	258,802	229,362
	Provision for Long Service Leave	80,611	74,708
		\$339,413	\$304,070
Note 5:	Other Provisions		
	The Association sets aside program monies to	provide for replacement	of assets.

The Association sets aside program monies to provide for replacement of assets. The amounts provided are based on a strategy of regular replacement and the provision ensures that funds are available to replace those assets when needed. That strategy is revised annually and program monies will only be set aside when programs have surplus funds. The provisions as at balance date are:

	\$39,042	\$121,844
Provision for IT Replacement		10,000
Provision for Vehicle Replacement	39,042	1 <mark>11,844</mark>

Aboriginal Sobriety Group of SA Inc. Notes to the Financial Statements For the Year Ended 30 June 2010

2010

2009

Note 6:	Unexpended Grants			
	At balance date the Association had not expended al unexpended funds have been carried forward into the program unexpended grants are:			
	APHCAP Northern Program	425	53,315	
	Bringing Them Home	21,642	22,340	
	Building Program	265	265	
	City Watchhouse Program		5,547	
	Community Benefits SA	5,119	5,119	
	Cyril Lindsay House		10,746	
	Dept of Homelessness	8,330	8,330	
	Drug Court Program		67,364	
	Healthy for Life One Off Grants	5		
	Healthy for Life Program	3,734	-	
	Improved Services Program	72,480	206,767	
	LTW- Aboriginal Youth Offenders Program	-	89,033	
	Moving It! Making Communities Active		43,619	
	No Pulgi Program	3	58,901	
	OATSIH One Off Grants	108,336	- 11/1/	
	Para Worklinks Program	304		
	Riverland Transport Service		6,000	
	South Terrace Capital Works Program	17,211	17,211	
	Substance Abuse Riverland Program	1,918	4,154	
	The Shed One Off Grant	8,636	- ////	
	Wilson Street Berri Capital Program	3,658		
		\$252,066	\$598,711	

Note 7: Cash Flow Information

(a)	Reconciliation of Operating Surplus to Net Cash Provided by Operating Activities		
	Operating Surplus (Deficit) for the year	4,543	723,960
	Non Cash Flows in Operating Surplus (Deficit):		
	(Profit) Loss on disposal of Non- Current Asset	s (5,550)	- // - [
	Depreciation	120,821	86,575
	Changes in Assets and Liabilities:		
	(Increase)/ Decrease in Sundry Debtors	(70,929)	<mark>(18</mark> 4,680)
	Increase/ (Decrease) in Payables	(190,069)	311,257
	Increase/ (Decrease) in Provisions	(47,459)	79,011
	Increase/ (Decrease) in Other Liabilities	(346,644)	(14,397)
	Net Cash provided by (used in) Operating Activities	\$(535,287)	\$1,001,726

Aboriginal Sobriety Group of SA Inc. Notes to the Financial Statements For the Year Ended 30 June 2010

		2010	2009
Note 7:	Cash Flow Information (cont'd)		
(b)	Reconciliation of Cash		
	Cash at the end of the financial period as shown in the statement of cash flows is reconciled to the Balance Sheet as follows:		
	Cash at Bank	\$459,674	\$1, <mark>1</mark> 33,261
	Cash on Hand	\$289	-
	Cash at Bank	\$459,963	\$1,133,261

Note 8: Contingent Liability

A contingent liability exists in relation to the potential repayment of surplus funds to funding bodies. It is the board's view that any surplus represents unexpended funds and will not be repayable to the funding bodies.

Aboriginal Sobriety Group of SA Inc. Statement by Members of the Committee For the Year Ended 30 June 2010

The committee has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the committee the financial report being the balance sheet, income statement, statement of cash flows, statement of changes in equity and notes to the financial statements:

- Presents a true and fair view of the financial position of Aboriginal Sobriety Group of SA Inc. as at 30 June 2010 and its performance for the year ended on that date.
- 2 In accordance with section 35(5) of the Associations Incorporation Act 1985, the committee hereby states that during the financial year ended 30th June 2010:
 - (a) (i) no officer of the association;
 - (ii) no firm of which an officer is a member, and
 - (iii) no body corporate in which an officer has a substantial financial interest, has received or become entitled to receive a benefit as a result of a contract between the officer, firm or body corporate and the association
 - (b) no officer of the association has received directly or indirectly from the association any payment or other benefit of a pecuniary value.
- 3 At the date of this statement there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:

Board Member

Board Member

Signed in Adelaide this

12 day of October 2010

Independent Audit Report to the Members of

Aboriginal Sobriety Group of SA Inc.

Report on the Financial Report

We have audited the accompanying financial report, being a special purpose financial report, of Aboriginal Sobriety Group of SA Inc. (the association), which comprises the assets and liabilities statement as at 30 June 2010 for the year then ended, the income and expenditure statement, statement of changes in equity, a summary of significant accounting policies, other explanatory notes and the statement by members of the committee.

Committee's Responsibility for the Financial Report

The committee of the association is responsible for the preparation and fair presentation of the financial report and have determined that the accounting policies described in Note 1 to the financial statements, which form part of the financial report, are consistent with the financial reporting requirements of the Associations Incorporation Act 1985 and are appropriate to meet the needs of the members. The committee's responsibilities also include designing, implementing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

The financial report has been prepared for distribution to members for the purpose of fulfilling the committee's financial reporting under the Associations Incorporation Act 1985. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit, we have complied with the independence requirements of Australian professional ethical pronouncements.

Auditor's Opinion

In our opinion, the financial report of Aboriginal Sobriety Group of SA Inc. presents fairly, in all material respects the financial position of Aboriginal Sobriety Group of SA Inc. as of 30 June 2010 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements and the Associations Incorporation Act 1985.

Trevor Basso - Partner Basso Newman & Co Chartered Accountants Adelaide Dated this 18th day of October 2010





Abbreviations

AHCSA	Aboriginal Health Council of SA Inc.
АКН	Annie Koolmatrie House
АРНСАР	Aboriginal Primary Health Care Access Program
APOSS	Aboriginal Prisoners and Offenders Support Service
ASG	Aboriginal Sobriety Group Inc.
втн	Bringing Them Home
CLH	Cyril Lindsay House
COAG	Council of Australian Governments
DASSA	Drug and Alcohol Services South Australia
H&FC	Health and Fitness Centre
ІТ	Information Technology
LTW	Lakalinjeri Tumbetin Waal
МАР	Mobile Assistance Patrol
NACCHO	National Aboriginal Community Controlled Health Organisation
NAIDOC	National Aboriginal Islander Day Observance Committee
QIC	Quality Improvement Council
RRG	Riverland Reference Group
SAPOL	South Australian Police
SMT	Substance Misuse Team

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SOBER UP THE MAN THE WIFE WINS SOBER UP THE WIFE THE CHILD WINS SOBER UP THE CHILD THE FAMILY WINS WHEN THE FAMILY WINS THE COMMUNITY WINS

ASG Philosophy (adopted from the Native Cree Canadians)



Aboriginal Sobriety Group Inc.

182-190 Wakefield Street, Adelaide SA 5000 Tel: 8223 4204 Fax: 8232 6685 Email: sobriety.asg@nunku.org.au