

Spring 2017

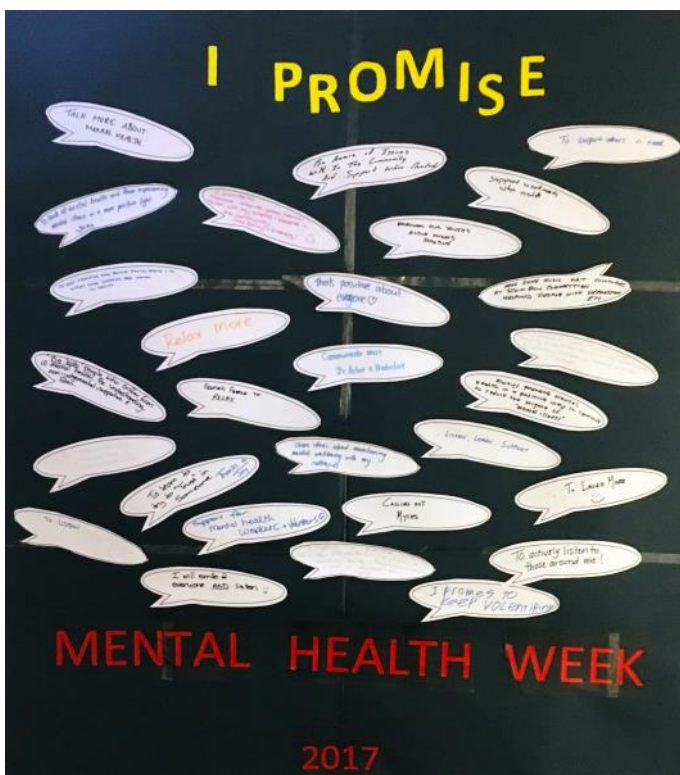
Newsletter



**Aboriginal
Sobriety
Group**
INDIGENOUS CORPORATION



Mental health
BEGINS WITH *Me*



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Spring 2017

Rock on..... with The Screaming Jets



You never know who'll you'll bump into when you visit LTW. Recently it was Dave Gleeson from The Screaming Jets with his sidekick and guitarist, Crafty who called in for a singalong and yarn with the clients and staff. Check out our Facebook page for the videos and more photos.



Recently at Lakalinjeri Tumbetin Waal the residents have been enjoying the change in seasons. They have planted out the vegetable garden with spring seedlings such as zucchini, cucumber, corn and spinach and have also added watermelon plants. Residents tend to the garden as part of their daily rostered work, weeding, planting, watering and picking ripe fruit and vegetables to use for cooking their meals. Those interested in gardening are given the opportunity to spend more time in the garden as well.



The TAFESA Construction Certificate Course held at LTW in the work shop on Thursday's and Fridays has become quite popular, with residents learning new skills working with timber, power tools and finishing techniques such as wood burning, staining & painting. Many different projects have been produced including tall boys, coffee tables and more decorative art pieces.



In August LTW held a Pool and Darts Competition in the recreation shed. Both staff and residents played off against each other until a winner was crowned for each game. The evening was a huge success, with much fun and laughter, fierce competition for the prizes on offer and included a meal of whole baked snappers and salads that was enjoyed by all.



Recent Graduations/ Happenings at LTW

Lakalinjeri Tumbetin Waal Hard Working Hero

Tyson completed
and graduated from
the LTW 12 Week
Program on
Thursday 28/09/17



While at LTW Tyson was committed to change and sobriety. Tyson engaged with all the support services on offer, making the most out of his rehabilitation journey. He worked hard, making use of the psychological and counselling services, financial counselling, physical health and mental health services, education and programs. Tyson worked hard in the TAFE Construction Course, completing 6 wood work projects. He showed strength, commitment, and enthusiasm for learning. Tyson took control of his journey, thinking through his decisions and making positive choices and changes. The staff at LTW enjoyed working with Tyson due to his work ethic, willingness to talk through his issues and clever sense of humour. Tyson left LTW with many supports in place and moved into his own accommodation and started a permanent full time job. He has become a shining example of what can be accomplished at LTW through commitment and hard work.





ASG & NUNK Community Fun Day

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Some of the fellas enjoying the beautiful weather at the Riverland Aboriginal Men's Support Group.



Moorundie Mimini's Group Aboriginal Health Council Puyu Blasters talk held at the Loxton riverfront earlier this month.



A few of the boys at the recent ASG and NUNK Community Fun Day held at Whitmore Square, Adelaide.

Rhythmic Drumming is held at our Riverland branch every second Tuesday.



Cultural Competency for Supervisors of Aboriginal People with Tracey Westerman



Recently in Berri we hosted Ngangkari Traditional Aboriginal Healers and we are hoping to continue this on a monthly basis.



Always Out And About In The Community

Office Locations

Head Office

182-190 Wakefield Street,
Adelaide. Phone: 8223 4204

Substance Misuse Team

34 Hookings Terrace, Woodville
Gardens. Phone: 8224 5988

Homelessness Program

32 Third Avenue, Woodville
Gardens. Phone: 8243 1698

Lakalinjeri Tumbetin Waal

Men's Residential Rehabilitation

26 Wattle Road, Monarto
Phone: 8534 4028

House Of Hope

Woman's Residential Rehab

26 Wattle Road, Monarto
Phone: 8534 4028

Mobile Assistance Patrol

34 Hookings Terrace, Woodville
Gardens. Phone: 8224 5988

Inner City Youth Service

34 Hookings Terrace,
Woodville Gardens 8224 5988

Ottoway House

Disability Services

5 Beatrice Street, Ottoway
Phone: 7127 0821

Riverland

3 Wilson Street, Berri
Phone: 8580 8700
MAP: 0427 013 310



Riverland



Ottoway House



LTW



YOUR FEEDBACK IS IMPORTANT TO US

If you have any questions, ideas or suggestions regarding this newsletter, please contact Don Scordo on 8580 8700 or dons@asg.org.au

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