

April 2019

# Newsletter



**Aboriginal  
Sobriety  
Group**  
INDIGENOUS CORPORATION

## **NITV PRESENTS ASG**

LTW Residential Support Worker Darren does some freelance work with NITV. Darren asked if ASG would be interested in doing a story on the founders of ASG at LTW.

On the 18th March 2019, ASG organised the founders of ASG, staff and past clients to attend a Double Graduation at LTW and for NITV to film the Graduation and to interview the founders of ASG and staff. It was a great turnout of ASG founders, ASG staff and past and present clients. The day went very well and we are all looking forward to see our story on NITV.



ASG wish you a very Happy and  
Safe Easter



# DOUBLE GRADUATION AT LTW





## **Journey2Home**

Journey2home is a Case Management Service which has been co-designed by Aboriginal Sobriety Group Indigenous Corporation ASG and OARS Community Transitions to identify and support up to but not limited to 20 sentenced prisoners within 3 months of their release date, or recently released sentenced prisoners (under 3 months post release) and must have offending history which has AOD related offending.

This great initiative is funded by Adelaide Primary Health Network APHN.

The program offers culturally safe and informed, Case Management processes which supports Aboriginal Men and Women to address the following life domains:-

- End offending by identifying and addressing the issues causing the client to reoffend
- Address alcohol and substance miss-use
- Engage client with the Culturally appropriate specialised counselling supports
- Support clients journey back to home (from prison to the community)
- Community and family engagement
- Positive health and lifestyle
- Health and well being
- Complex trauma
- Case Management supports

## **Referrals for this program will come from the following service Organisations**

1. Adelaide Pre-Release Centre and Women's prison based in Northfield
2. Yatala Labour Prison
3. Mobilong
4. Aboriginal Prisoners & Offenders Support Service APOSS
5. Aboriginal Legal Rights Movement ALRM
6. Parole Board of South Australia (Department for Correctional Services)
7. Lakalinjeri Tumbetin Waal (LTW) – Aboriginal Sobriety Group IC;
8. Leila Rankine – House of Hope – Aboriginal Sobriety Group IC;
9. Other ASG and OARS programs
10. Other appropriate services



## Leila Rankine—House of Hope



# Riverland Services

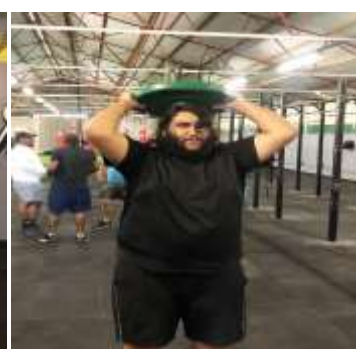
ASG in The Riverland is running a Digital Music Production + Signwriting program. The aim is to increase engagement in the community, and help participants develop skills in various parts of digital media and to create a space for artistic expression through music and to assist participants in goal setting and foster potential transferable skill building, that could be applied to other aspects of life. This is done by using computers, software and instruments and sampling to develop musical concepts and to learn about song structure and song writing techniques to further develop song ideas and learn about sound editing to come up with a finished song. The outcome is to have community members' start and finish songs while having learned different aspects of producing a piece of music.



ASG in The Riverland is hosting a program for Aboriginal women to develop and maintain overall positive physical and mental health wellbeing through participating in a woman led environment CrossFit Program- over a six weekly 1-hour sessions followed up by a nutrition and wellbeing session afterwards.



ASG in The Riverland is running an Aboriginal Men's Program in conjunction with Cross Fit to improve their health, fitness & general wellbeing. This is a twelve-week program which also helps address any issues in a fun and confidential setting.







### **Aboriginal Community Court Elizabeth ACCE**

Ian Sansbury sits on the bench of the Aboriginal Community Court Elizabeth ACCE as a “Respected Person” along with Magistrate Broderick and “Elder” Alison Fielding. This Aboriginal Court at Elizabeth is a newly developed court that sits every month and is for Aboriginal clients coming through the Justice System whom once accepted onto the ACCE court will be Case Managed and supported through their court proceedings over their 12 months journey.

Participants accepted onto the ACCE court are Case Managed and referred to Culturally Appropriate Services that can assist with their issues around various life domains such as the following dot points,

- Drug and Alcohol counselling, Detox and Rehabilitation
- Housing and Accommodation support
- Support around their Mental Health issues
- Participants are given bus tickets to attend their programs, counselling sessions and appointments
- Participants are referred to appropriate DV supports
- Family and Parenting supports

The above dot points are just a few supports which participants can be referred to for that extra support. ACCE court has been operating for the past 18 months to 2 years and there have been some great success stories with hopefully many more to come.

# Western Homelessness



Recently our clients from Cyril Lindsay House and Annie Koolmatrie House had completed a program through Aboriginal Family Support Services (AFSS) “Grief and Loss”. Each client received a certificate and are so proud of their accomplishments. The facilitators at AFSS said that the clients from ASG are the best clients that they have had! “They were always respectful of each other and engaged with such enthusiasm”. Our clients will continue with another program with AFSS called “Healthy Homes” which assists my clients with healthy eating and hygiene.

Justice and Tessa also took some of the clients to Closing The Gap event on the 27th March, the clients enjoyed it so much, they received lots of goodie bags and a big lunch!





# Arkaringa House

This Aboriginal Torres Strait Islander Supported Accommodation residence provides a safe, stable, long term and culturally appropriate facility for Female clients who live with high and complex needs including Mental Health.



SR is attending the 'Seeds of Infinity' founding member Anna Kemp (Corrections Officer) twice a week and also enjoys music, putting on makeup and watching movies

JT loves doing Artwork (paintings below), she is very talented.

CP loves going to the Beach, shopping anywhere, listening to music, dancing to music, putting on make-up, loves eating crabs and Oysters, plus going to church on Sundays



The clients here at Arkaringa House are doing very well 'holistically' and are engaging in more activities, more conversations around how they see their future once leaving here.

ASG has a strong working partnership with the Exceptional Needs Unit and other Stakeholders involved in the High level Care and support of the Clients with Exceptional Needs.



# MEMBERSHIP APPLICATIONS

Please enquire to  
**Bianca Kreft – Operations Manager**

Phone (08) 8223 4204

Email [biancak@asg.org.au](mailto:biancak@asg.org.au)

or visit our website to download our Membership form  
and read our Rule Book

<http://asg.org.au/memberships/>



Proudly working towards becoming a  
**White Ribbon Accredited Workplace**





**Aboriginal  
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**YOUR FEEDBACK IS  
IMPORTANT TO US**

<http://asg.org.au/community-feedback/>



Email [reception@asg.org.au](mailto:reception@asg.org.au)

Website [www.asg.org.au](http://www.asg.org.au)



## Our Leadership Team

**Chief Executive Officer**  
Joe Silvestri

**Finance Manager**  
Ramla Molligoda

**Operations Manager**  
Bianca Kreft

**Program Manager**  
**Lakalinjeri Tumbetin Waal (LTW)**  
James Aulich

**Program Manager**  
**Homelessness**  
Tangi Ngateina

**Program Manager**  
**Substance Misuse Team**  
Ian Sansbury

**Program Manager**  
**Riverland Services**  
Don Scordo

**Program Manager**  
**Leila Rankine—House of Hope**  
Eunice Aston

**Program Manager**  
**Arkaringa House**  
Evelyn Riessen

**Program Manager**  
**Mobile Assistance Patrol**  
Paul Fitzgerald