



**Aboriginal
Sobriety
Group** INC.



September 2015

www.aboriginalsobrietygroup.org.au

Big (Sunday) things happening at LTW

Big Sunday has partnered with ASG and Fund My Community to refurbish an existing building on the Monarto Property to create a House for Hope. This house was in poor condition having been vacant and unused for the past seven years. Big Sunday was successful in their grant application through the Fund My Community evaluation process and was allocated the monies to facilitate the full refurbishment of the property. The purpose of the renovation was to create a live-in programme specifically for Indigenous men or women with the help of over 30 different volunteers and trades. New life has been given to the home once again through minor demolition and the installation of a new kitchen, bathroom, floor coverings, LED down lights, a full repaint and upgrade of the hot water system and electrical services. Assistance from LTW clients Chris and Leroy with preparation and painting of the windows has been a great help. Handover of the property back to ASG is proposed for Saturday 10th October. The Team and volunteers at Big Sunday love being involved in projects just like this and are passionate about making a difference in our community.





The ASG Boxing Club holds mixed gender and female only training sessions which are facilitated by a dedicated team of experienced volunteers.

ASG Boxing Club is a member of the South Australian Boxing Association.

Anyone can be a member – the ASG Boxing Club welcomes both Aboriginal and non-Aboriginal people.

Located at 182-190 Wakefield Street, Adelaide. Entry after 5pm is through the rear of the building via Ifould Street.

Session Times

Mixed Monday, Wednesday & Friday, 5:00pm – 7:00pm

Female Only Tuesday & Thursday, 5:30pm – 7:00pm

Equipment

- Boxing Ring
- Boxing Bags
- Boxing Gloves
 - Treadmill
- Exercise Bike
- Free Weights
- Weight Machines

Change Rooms and Showers

Concession Price Per Visit \$5.00

Non-Concession Price Per Visit \$7.00

All profits go towards maintenance and new equipment.

How to join

Attend a training session and one of the trainers will help you join.

Mental Health Week Family Day

Country Health SA Local Health Network—Mental Health and other services invites you to join them for a family day celebrating Mental Health Week.

Friday, October 9
Vaughan Terrace, Berri
10 am—2 pm

- Sausage sizzle lunch
 - Jumping Castle
 - Free show bags

For further information contact
Wendy Kassulke on
8580 2525 or Joanne Good on
8580 2812



invites you and your family to

Sober Walk 2015

Join with ASG and our sponsors in a walk around Whitmore Square to promote healthy lifestyles free from alcohol and drugs

Date: 2nd October 2015

Time: 11am - 2pm

Place: Whitmore Square, Adelaide

Followed by:

- Free BBQ
- D.J. from Fresh 92.7
- Information Stalls
- Face Painting
- Free Caps

Supported by:



MYSA
Multicultural Youth SA Inc.



The Riverland Aboriginal Men's Support Group is back up and running out of our culturally safe and appropriate Riverland setting. As the weather warms up, the boys will be heading out for a bit of fishing and will be showing support at the Mental Health Week Family Day next month. If you have any male community members aged 16 up who would be interested in attending the Men's Group, please call Daniel on 8580 8700 for details.



A couple of Riverland community members and some of their deadly artwork enjoying our space to weave their magic. We are looking at running fortnightly groups on a Friday for artists and community members to come in and express themselves through art, have a yarn and relax. There are some of the more experienced artists who are willing to teach anyone who is interested in Aboriginal art or art in general.



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Chief Executive Officer

Joe Silvestri

182-190 Wakefield Street, Adelaide

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Program Director

Michelle Merrick

182-190 Wakefield Street, Adelaide

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Ian Sansbury

Woodville Gardens, Adelaide

8243 1698

Manager—LTW

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216 Wattle Road, Monarto

8534 4028

Team Supervisor—MAP

Michael Harris

Woodville Gardens, Adelaide

8224 5988

Manager—Riverland

Don Scordo

3 Wilson Street, Berri

8580 8700

The Aboriginal Sobriety Group provide care and support for Aboriginal people who wish to live an alcohol and drug free lifestyle.

We are a non for profit organisation providing care and support to individuals, families and communities who wish to lead a drug and alcohol free lifestyle. We provide culturally safe pathways away from grief, loss, trauma and abusive lives.

ASG values Aboriginal culture, customs, tradition and spirituality. We respect our clients, colleagues, partners and community.

We operate with integrity, honesty and accountability and implement quality service provision to ensure positive outcomes for our clients.

Vision

Sobriety and healing for Aboriginal people.

Purpose

To provide healing pathways away from grief, loss, trauma and abusive lives.

Values

Practising Aboriginal culture, custom, tradition and spirituality.

A sober lifestyle.

Respect for our clients colleagues, partners and community.

Acting with integrity, honesty and accountability.

Quality service provision to ensure positive outcomes for our clients.

If you believe the Aboriginal Sobriety Group may be of assistance to you, your family or your community please contact us now!

**Living Alcohol
And Drug Free**