



**Aboriginal  
Sobriety  
Group** INC.



# Living Alcohol And Drug Free

**January 2016**

## Mobile Assistance Patrol

It's been a busy time for Mobile Assistance Patrol (MAP), especially in the evening. Due to the influx of new clients within the Adelaide inner city, the hours of MAP – Woodville Gardens has changed. This is on a trial basis until further notified.

**Monday - Saturday 4pm to 3.30am**

**Sunday 7.30pm to 3.30am**

MAP provides transport for individuals affected by alcohol and other drugs and at risk of harm to themselves or others from inner Adelaide City to places of safety.

The individuals may be experiencing or causing harm, who are at a high risk of harm due the influence of drugs or alcohol or are in no fit state to safely return to their home or to a safe place.

This is where MAP steps in and supports the Community who require safe transportation home from inner Adelaide city.

The targeted group is for adults, children, young people under the age of 18, Aboriginal and non-Aboriginal, Aboriginal people who are visitors to the Adelaide inner city and parklands. Priority is given South Australia Police sites (including the City Watch House), Royal Adelaide Hospital, Women's and Children's Hospital, Street to Home, The HUB and other similar community services particularly located in inner Adelaide City.

## Inner City Youth Transport

The Inner City Youth Transport Service (ICYT) commenced in July 2015 being staffed by four permanent staff and supported by a casual pool rostered as required. Operating in co-operation with the Multicultural Youth SA City West HUB the aim is to provide case management, mandatory reporting, positive mentoring and safe transportation for young people aged 10-18 years who frequent the inner city area and whom are deemed at risk.

The youths at risk are characterised as those suffering homelessness, under the influence of drugs and/or alcohol, exhibiting anti-social behaviour that may bring about Police intervention and/or any other behaviour or interactions that interprets renders them physically or psychologically vulnerable to an adverse event. The core focus of this program is to reduce the requirement of transport through transitioning the client group from a requisite of risk management to strategic measured independent direction and self-empowerment. The program is currently operated as per the arising needs of the client base and as determined through conjunctive assessment in establishing pathways to the client group of communication, approach and new direction of an obsolete existing model.

Also to provide a supportive and effective paradigm of consistency through establishing and adhering to boundaries, encouraging emotional self-regulation and acceptable behavioural norms.

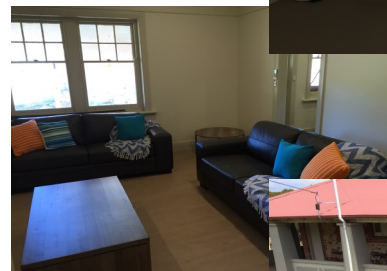
## Lakalinjeri Tumbetin Waal



Lakalinjeri Tumbetin Waal (LTW) is a non-medical dry rehabilitation centre located on a farm at Monarto. Clients are assisted through a number of programs to recover from alcohol or other substance misuse lifestyles over a 12 – 24 week live-in period. With Lakalinjeri Tumbetin Waal meaning clan, family, community healing place, we adopt a holistic approach by treating the underlying grief as well as the disorder and provide education and opportunity for skills development and counselling. It is important that we provide these services in order to strengthen the ability of Aboriginal individuals, families and communities to establish and maintain healthy lifestyle choices and reduce the burden of problems associated with substance misuse.

Our vision is to enhance our client's opportunity to transition back into the community more successfully offering new directions and pathways of support. Our 12 – 24 week residential program for each individual client includes a comprehensive case plan, with regular case conferences and assistance from external agencies. We also ensure that we provide our clients with support once they exit the rehabilitation centre. By providing transitional housing and programs such as career advice counselling, training and assistance in obtaining ongoing independent accommodation for clients who have graduated but do not want to return to their old environment, we can ensure we are providing a supported pathway as they endeavour to make positive change. The Aboriginal culture plays a vital role in the rehabilitation process, so it is important that throughout our daily programs we incorporate such things like smoking ceremonies and talking circles.

## House of Hope



After successfully securing a funding grant for the Monarto house thanks to the Big Sunday Group and Fund my Community, the renovation process has now been completed. The house which had been vacant and unused for the past seven years now boasts new kitchen facilities, a renovated bathroom, new floor coverings and a fresh coat of paint. It is the vision of the Aboriginal Sobriety Group that this house can be used as a new live-in rehabilitation facility for Indigenous women as currently there is no specific service in South Australia. Instead they are referred to mainstream services.

## LTW Graduations



At LTW it is always rewarding to see our clients complete their rehabilitation and graduate from our program. Throughout 2015 we have had a number of clients graduate, showing lots of promise and hope for a brighter future.

Pictured holding his graduation certificate is client Chris Barber & Duane Pettit with his completed wood-work project. Both recently graduated from our program.



The Colin Betty Gym & Boxing Club holds mixed gender and female only training sessions which are facilitated by a dedicated team of experienced volunteers. The Gym is named in memory of Colin Betty who donated his time and love to the Gym for over two decades. The ASG Boxing Club is a member of the South Australian Boxing Association.

### Who can be a member

Anyone can be a member – the Gym welcomes both Aboriginal and non-Aboriginal people.

### Session Times

**Mixed** Monday, Wednesday & Friday,  
5:00pm – 7:00pm

**Female Only** Tuesday & Thursday,  
5:30pm – 7:00pm

### Equipment

- Boxing Ring
- Boxing Bags
- Boxing Gloves
- Treadmill
- Exercise Bike
- Free Weights
- Weight Machines

### Change Rooms and Showers

**Price Per Visit is \$7.00**

All profits go towards maintenance and new equipment.

# Healing through Art



Aboriginal Sobriety Group Inc. Riverland continues to host a men's painting group addressing cultural, spiritual and social wellbeing—Healing through Art.

Participants are encouraged to tell their story through art and express their ideas in a culturally safe environment and are encouraged to discuss social, cultural and grief and loss issues with access to other supports relating to their wellbeing.

It is the hope of ASG to build a strong working relationship with the participants to address personal issues but also highlight the concerns/issues impacting on the community as well.

The program runs fortnightly on a Friday.

All paints, canvases and paint brushes are provided along with any other supplies relating to the program.

It is the aim of the Aboriginal Sobriety Group and its artists to hold a showing of all the art work produced at the end of the program.



The Riverland Aboriginal Men's Support Group would like to thank the following sponsors for their support in assisting to get their group back up and running in 2015. The group receives no funding and is run by the generosity of the following organisations. If you would like to contribute to ensure the continuation of the Men's Group, please call Don on 8580 8700.

We look forward to your continued support for our Riverland Aboriginal men in 2016 and beyond. Thankyou.....



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## Crows select Wayne Milera



**The Adelaide Crows have used its first pick in the AFL draft to pick up South Australian player Wayne Milera.**

Milera, 18 is a midfielder/forward from SANFL club Central District and was chosen by the Crows at pick number 11.

Milera made his league debut for the Bulldogs in round two of the SANFL and played a total of 11 senior games including two finals.

He kicked three goals in the semi-final against Port Adelaide, helping the Dogs to a five-point victory.

That semi-final performance came just over a week after surgery to correct a heart condition known as Wolff-Parkinson-White syndrome.

Milera is an avid Crows fan and told ABC News recently he hoped to be picked up by his club.

SA talent manager Brenton Phillips said Milera was a versatile player and character.

"Wayne's got some skills. He'll play that high half forward role, maybe go onto a wing or even play off half back," he said.

"He's really clever around goals and he's a great character. He has a real bubblyness and a big cheesy grin. He has that bit of spunk about him."

**Wayne is the grandson of Aboriginal Sobriety Group Case Worker Lil Milera.**

## Images of the Riverland



**Makes you city folk jealous, huh?**

## Chief Executive officer

**Joe Silvestri**

8223 4204

## Program Director

**Michelle Merrick**

8223 4204

## Program Manager Homelessness

**Ian Sansbury**

8223 4204

## Program Manager LTW

**Matthew Cooper**

8534 4028

## Program Manager Riverland

**Don Scordo**

8580 8700

## Supervisor MAP

**Janine Rankine**

8224 5988



[www.asg.org.au](http://www.asg.org.au)

**The Aboriginal Sobriety Group provide care and support for Aboriginal people who wish to live an alcohol and drug free lifestyle.**

We are a non for profit organisation providing care and support to individuals, families and communities who wish to lead a drug and alcohol free lifestyle. We provide culturally safe pathways away from grief, loss, trauma and abusive lives.

ASG values Aboriginal culture, customs, tradition and spirituality. We respect our clients, colleagues, partners and community.

We operate with integrity, honesty and accountability and implement quality service provision to ensure positive outcomes for our clients.

### **Vision**

Sobriety and healing for Aboriginal people.

### **Purpose**

To provide healing pathways away from grief, loss, trauma and abusive lives.

### **Values**

Practising Aboriginal culture, custom, tradition and spirituality.

A sober lifestyle.

Respect for our clients colleagues, partners and community.

Acting with integrity, honesty and accountability.

Quality service provision to ensure positive outcomes for our clients.

**If you believe the Aboriginal Sobriety Group may be of assistance to you, your family or your community please contact us now!**

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And Drug Free**